

Preparing for the Fall:

- **Order your LABELS** - This is VERY important in keeping track of each student's personal items. **Everything must be labeled. PLEASE use first AND last names.**



- **Backpack or Canvas Tote** - Must be **LARGE** enough to carry all personal belongings below, please label or monogram. If you are new to ADS, we prefer a children's full-size backpack or canvas tote - it allows easier access for the teachers and more independence for your child.



- **Lunch Boxes** - Must be **BENTO-style**, which is a compartmentalized lunch box container like the images below:

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FEED THE CHILDREN.



- **Water Bottles** - Easy open and preferably with a lid that snaps over the mouthpiece to reduce germs -16 ounces of liquid or more preferred in warmer months; we want to limit filling these as much as possible.

- **Nap Time/Rest Time Essentials (Toddlers through 3's)** - Nap mat or blanket with attached pillow is best (example: Olive Kids or Wildkin nap mat). Must be monogrammed or labeled. Be sure to send a blanket if you are choosing a plastic nap mat. Send "loovies" if your child needs them to settle themselves during rest time (stuffed animal, pacifiers, etc. for toddler and twos classes only).



As you prepare, please also note our ADS Dress Code as specified in the Parent Handbook:

- **Shoes** - Closed-toe shoes that best support your child's feet for development; Velcro is strongly recommended. No sandals or flip flops are allowed (mulch gets in shoes with large openings and makes recess time less enjoyable). Pre-K and Kinder should wear shoes they can take off and put on themselves. **If your child cannot lace their own shoes, they are not allowed to wear shoes with laces.**
- **Clothing** - Elastic waist shorts/pants/skirts are preferred and mandatory if your child is potty training; no buttons or snaps please unless children are in Pre-K/Kinder and they can independently fasten them. Please send girls with shorts under dresses so they can comfortably participate in all gross motor activities.

Additionally, please review a few key points from our ADS Toilet Training Policy as specified in the Parent Handbook:

- A child must maintain a dry diaper or pull-up for 15 consecutive days before they will be allowed to come to school in underwear alone. Any child in the process of learning to toilet independently may wear pull-ups, or underwear over a pull-up or diaper if you wish.
- **It is a requirement at ADS to have children potty-trained before entering the 3s, Pre-K or Kindergarten classes.**
- Please note the Pre-K and KG classrooms do not have toilets in their classrooms and they use both the Narthex bathrooms and bathrooms by the school entrance.
- Teachers and staff are unable to assist your child in the bathroom stalls due to safety concerns. Children must be able to use toilet paper appropriately.

A mandatory parent-only orientation will be held before the first day of school.